

Please WATCH FOR AN EMAIL FOR the Home Worship Service – also on the website  
<https://wesleyunitedchurchstandrewsbytheseanb.ca/>

And The Beat Goes On...

When the first fears of COVID-19 arose I remember hearing that First Nations people were gathering at sunrise to drum to the four directions, calling for support from the ancestors and all that is. I felt connected to this idea but that taking my drum out before dawn might not be in total agreement with my neighbours, so I picked up sticks on the shore and beat out a rhythm that way. What comes from the heart is felt by the pulse, and the pulse carries far and wide.

I'd like to share the story of the drum as told by Grandfather Wallace Black Elk as the forward in the book Sacred Drumming written by Steven Ash:

"The drum keeper is an old woman; she lives north at a lake far away. First came the thunder and lightning; this was the first wave. The second wave came, and the second wave was a continuous noise, continuous sound.



The people who had come to seek the old woman asked each other, "Can you drum?" "No" was the answer from everyone. So there was no drummer.

They went on to meet the old lady and when they got there at day break they heard the sound of the drum. It was a good sound, a sound of welcome for the Spirit-kin, for family; they could hear all their relatives in that drum sound. For four days they heard that drum beat and then found that it was a woodpecker tapping on a hollow log. So it is woodpecker who is the drum keeper.



This is a story of how the first ceremonial drum was made. They found a hollow log and they stretched an animal skin on each end, they put willow around it, and then they heard the rain, snow, wind, and all the natural elements. Then they heard thunder echo in the clouds with lightning flashing across the sky and they heard a voice yell; it was a woman's voice.

"Grandfather, it is me. There will be a time, I will come, you will hear my voice, you will live forever." They could hear voices of women and men trilling. Then came a heartbeat and all the animals came and danced, all the birds and insects and lightning came out of the earth. The stone people came out of the water and danced. Trees and plants came out and danced and they healed the people. The rhythm regulated their heartbeats and they began to shake as if they were electrified. It was the rhythm of the drum that did the healing. They kept drumming and hearing all the sounds of the earth in the drum. The drum became a sacred way and everyone gathered around the drum and began to dance. When people feel good, they dance. People who could not see were healed; those who could not walk, they got up and danced. Even those who could not taste or smell were healed with the rhythm of the drum.

We dedicate, we affirm, we hear the voice of God when the drum is beaten....

... When you drum, you connect with the sacred. The drum contains all the animals, plants, minerals, lightning, and thunder. All of the natural and sacred world is in the drum. The voice of God and the Holy Mother and all the two leggeds are in the drum, so when we drum we link ourselves to the tones of the rocks, water, air, wind, and rain, into She-he and He-she."

I invite those of you who are interested in gathering to resume the drumming circle to please contact me at [suzjumpson@gmail.com](mailto:suzjumpson@gmail.com). Drumming can decrease stress, producing healing effects on the mind, body, and spirit.

Love to All, Suzanne Bousquet





**Events:**

Please visit our website for the bulletins for our ZOOM services and our At Home Worship along with any other virtual or in person gatherings <https://wesleyunitedchurchstandrewsbytheseanb.ca/>

**1 – 12 November Men's Club Fall Auction 2020 – Online** [www.meetyourneighbourauction.ca](http://www.meetyourneighbourauction.ca)

**Sunday, 8<sup>th</sup> November 10 am Worship service via Zoom with Ali Anningson**  
<https://us02web.zoom.us/j/3067392185> ID: 306 739 2185  
 Feel free to share the Zoom link with anyone else who wants to come

**Sunday, 8<sup>th</sup> November Home Worship**  
 A Home Worship service provided as an alternative to In Person Worship [provided by email](#) or please see our website for at Home Worship and other virtual gatherings <https://wesleyunitedchurchstandrewsbytheseanb.ca/>

**Tuesday 10<sup>th</sup> November 2:30 - 4 pm Wild Wisdom ZOOM see below**

**Tuesday 10<sup>th</sup> November 4 - 8 pm Highland Dance Wesley United**

**Wednesday 11<sup>th</sup> November 11 – 12 Community Remembrance Day Service**  
 On Charlotte County TV station or live-streamed on their Facebook page. <https://www.facebook.com/chco.tv>  
 This replaces the usual in-person Remembrance Day gathering in St Andrews. The service will be broadcast and recorded for community viewing as we cannot gather in large numbers in person. Legion members will present wreaths on our behalf.

**Sunday, 15<sup>th</sup> November 9:30am In Person Worship Service Wesley United Sanctuary**  
[See website protocols](#) **No Zoom Service**

**Sunday, 15<sup>th</sup> November 11:30am In Person Worship Service Oak Hill Hall**  
[See website protocols](#) **No Zoom Service**  
 Oak Hill service will include Covid- safe communion and a memorial candle

**New Gifts with Vision Catalogue Has Launched!**

A new year of giving through [Gifts with Vision](#) has begun! There are lots of great new gifts for our partners in Canada and across the world, along with some of your favourite projects from previous catalogues.

The world has changed so much since this time last year, and some of the new gifts reflect that, showing how our partners are responding to the pandemic. Your gifts bring help to those who need it most.

Shop the [Gifts with Vision catalogue](#) and help save and transform lives!



**Fall 2020 Graduate Project Presentations 9<sup>th</sup> and 10<sup>th</sup> November – see link for times**

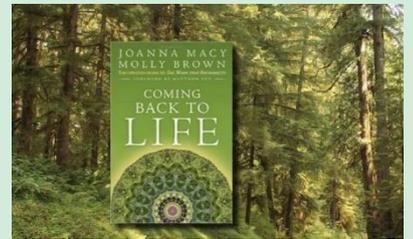
Join us to celebrate and learn about the important research that final-year AST students have been undertaking this year. You'll be fascinated, challenged, and inspired by each presentation.

See attached schedule: To join online presentations, click this link at the scheduled time: <https://us02web.zoom.us/j/82045470544>

## Wild Wisdom Every Second Tuesday by ZOOM 2-4:30pm

We will be reading the book, "Coming Back to Life", by Joanna Macy, and reflecting on its themes of enlightened and compassionate environmental activism. Led by Carole Martignacco, the group is a wonderful source of inspiration and support. This is open to all, so please contact Francie [francie.rosie@gmail.com](mailto:francie.rosie@gmail.com) if you are interested in attending.

ZOOM <https://us02web.zoom.us/j/3067392185>



**Dedications are most welcome remembering, honouring, celebrating a special person, event or season! Please email [wesleyunitedstandrews@gmail.com](mailto:wesleyunitedstandrews@gmail.com) with your request. Thanks!**  
Photos or any other requests to go with dedications – favourite flower or season etc.....

**In case of pastoral emergency, contact Rev. Jane Doull**

at 529-3474 or email me or text at 467-1494

Any other matters please contact Barb Sheen, Chair of the Worship Committee on 469-4631.

**Please see our website for at Home Worship and other virtual gatherings:**

**<https://wesleyunitedchurchstandrewsbytheseanb.ca/>**

**Please send all announcements to: [WesleyUnitedStAndrews@gmail.com](mailto:WesleyUnitedStAndrews@gmail.com) State if you wish them to go on the Bulletin, the COOP , Facebook page, Website, or all four! (photos can be placed on all but the bulletin) Thank you!**

**PRAYER REQUESTS:** may be given to our Prayer Circle by

1. contacting Barb King [davebarbking@gmail.com](mailto:davebarbking@gmail.com)
2. contacting Sharon Hannan [retired@xplornet.ca](mailto:retired@xplornet.ca) or phone 466-1435
3. by asking any of us from Wesley/St James community to pass on a request

Sent to you by

Wesley United Church, 77 William St, St Andrews NB E5B1W8  
and

St James Pastoral Charge, 731 Route 745, Oak Hill, NB E5A3C7

**In case of pastoral emergency, contact Rev. Jane Doull**

**call 529-3474 text 467-1494 email [jvdoull@gmail.com](mailto:jvdoull@gmail.com)**

Any other matters please contact Barb Sheen, Chair of the Worship Committee on 469-4631.

**Office email: [WesleyUnitedStAndrews@gmail.com](mailto:WesleyUnitedStAndrews@gmail.com) Website: <https://wesleyunitedchurchstandrewsbytheseanb.ca>**

**Facebook: <https://www.facebook.com/Wesley-and-St-James-United-St-AndrewsOak-HillScotch-Ridge>**